

2010 Diabetes Conference

Improving
Diabetes Outcomes
in the
Appalachian Region

May 19, 9:30 a.m. to 4 p.m.
Margaret Walter Hall Rotunda, Ohio University
Athens, Ohio

Registration

This conference will be of interest to health professionals and others in the Appalachian region who are concerned with diabetes prevention, care and self-management. CEUs for nurses will be available. The conference is free, but in order to attend you must register by May 7. You can register and obtain more information by emailing kw286007@ohio.edu. To learn more about the “Diabetes: A Family Matter” project and its work in the Appalachian region, go online to: [**www.diabetesfamily.net**](http://www.diabetesfamily.net)

Sponsors

- ▶ Ohio Department of Health, Diabetes Prevention and Control Program
- ▶ Southern Hills Nursing District, Ohio Nurses Association
- ▶ Ohio University Appalachian Rural Health Institute (ARHI)
- ▶ Ohio University School of Nursing



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THE PROGRAM

9:30 a.m. — Registration begins

Diabetes 101: What's Wrong and What's Right in Appalachia?

Frank Schwartz, MD, Professor, OU College of Osteopathic Medicine

Improving Medical Management of Diabetes

Jay Schubrook, MD, Associate Professor, OU College of Osteopathic Medicine

Eating Healthy in the Family and Community

Darlene Berryman, PhD, OU College of Health and Human Services

Behavior Change: Implications for Diabetes Education

Ann Rathbun, PhD, Morehead State University, Department HPES

Getting Families Active in Rural Communities

(panel presentation)

Diabetes: A Family Matter Program and Toolkit

Sharon Denham, DSN, OU College of Health and Human Services

4 p.m. — Conference concludes

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