

# 2010 Diabetes Conference

Improving  
Diabetes Outcomes  
in the  
Appalachian Region

**May 19, 9:30 a.m. to 4 p.m.**  
**Margaret Walter Hall Rotunda, Ohio University**  
**Athens, Ohio**

## **Registration**

This conference will be of interest to health professionals and others in the Appalachian region who are concerned with diabetes prevention, care and self-management. CEUs for nurses will be available. The conference is free, but in order to attend you must register by May 7. You can register and obtain more information by emailing [kw286007@ohio.edu](mailto:kw286007@ohio.edu). To learn more about the “Diabetes: A Family Matter” project and its work in the Appalachian region, go online to: **[www.diabetesfamily.net](http://www.diabetesfamily.net)**

## **Sponsors**

- ▶ Ohio Department of Health, Diabetes Prevention and Control Program
- ▶ Southern Hills Nursing District, Ohio Nurses Association
- ▶ Ohio University Appalachian Rural Health Institute (ARHI)
- ▶ Ohio University School of Nursing



**OHIO**  
UNIVERSITY



## THE PROGRAM

**9:30 a.m.** — Registration begins

### **Diabetes 101: What's Wrong and What's Right in Appalachia?**

Frank Schwartz, MD, Professor, OU College of Osteopathic Medicine

### **Improving Medical Management of Diabetes**

Jay Schubrook, MD, Associate Professor, OU College of Osteopathic Medicine

### **Eating Healthy in the Family and Community**

Darlene Berryman, PhD, OU College of Health and Human Services

### **Behavior Change: Implications for Diabetes Education**

Ann Rathbun, PhD, Morehead State University, Department HPES

### **Getting Families Active in Rural Communities**

(panel presentation)

### **Diabetes: A Family Matter Program and Toolkit**

Sharon Denham, DSN, OU College of Health and Human Services

**4 p.m.** — Conference concludes

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