

Icebreaker: The Line Game – Session 2

Summary:

This icebreaker allows participants to appreciate what they have in common with others in the group.

Time to complete: 10-30 minutes

Size of group: Between 10 and 35.

Materials needed:

A roll of masking or duct tape.

Space considerations:

An open area large enough for people to move freely on two sides of a line in the middle of the room.

Steps:

1. Use the roll of tape to make a line in the middle of the room.
2. Divide the participants into 2 groups. You can do this by asking people to number off (e.g., 1,2,1,2 etc.).
3. Organize the 2 groups so that each is standing facing each other with the line in the middle. The groups need to be about 6 feet away from the line (about 12 feet between the 2 groups facing each other).
4. The educator instructs the groups by saying the following: "I am going to ask a few questions. If you can answer YES to the question, move onto the line in the middle of the room. Step back in between each question."
5. Go as quickly as you can to keep things moving; you might even try speeding up as you go along.
6. Use the questions below as a guide to get you started.

Closing:

You can go as long as you'd like with this activity. The point is to get people comfortable with each other and get them to begin learning about similarities of the group and how sometimes groups are different.

Questions to get you started:

Step up to the line if:

- You know someone who has ever had a speeding ticket.
- You have a dog or cat at home.
- You ate breakfast this morning.
- You know someone who has diabetes.
- You have diabetes.
- You have children...stay on the line if you have grandchildren....stay if you have great-grandchildren.
- You have never lived outside of this community/county/area.
- You are feeling anxious about being a *SUGAR Helper*...even a little.
- You know someone who has died from complications of diabetes.
- You know ways to prevent diabetes.
- You know the best ways to manage diabetes.
- You have a good doctor or someone you totally trust with your healthcare.

Reference: Gruwell, E., & The Freedom Writers Foundation. (2007). *The Freedom Writers Diary Teacher's Guide*. New York: Broadway Books.